



MACROTECSA-USA

How to Protect Yourself from



COVID-19?



PROTECTION USER MANUAL



Chapter:

- I. *Know how it spreads?*
- II. *Share China experience.*
- III. *What can we do for you?*





I. Know how it spreads?

- *There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).*
- *The best way to prevent illness is to avoid being exposed to this virus.*
- *The virus is thought to spread mainly from person-to-person.*
 - *Between people who are in close contact with one another (within about 6 feet=2 Mts.)*
 - *Through respiratory droplets produced when an infected person coughs or sneezes.*
- *These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.*



Prevent the spread of COVID-19



AVOID CROWDS

- Avoid large groups of people
- During necessary trips (grocery, pharmacy), stay 6 feet away from others
- Do not shake hands



STAY HOME

- Stay indoors
- Take breaks and enjoy quiet outdoor spaces
- Walk your dog
- Stay 6 feet away from others



CLEAN SURFACES

- Doorknobs
- Taps, faucets
- Toilet handles
- Light switches
- Counters and tables
- Cellphones
- TV remotes



COVER COUGHS & SNEEZES

- Cough or sneeze into your elbow or a tissue
- Wash hands right away



WASH HANDS OFTEN

- Wash with soap and water for at least 20 seconds when you:
 - Eat
 - Prepare food
 - Enter a building
 - Get home
 - Use the bathroom
 - Sneeze or cough

Have questions? Think you may be sick?
Call MetroHealth's COVID-19 Hotline:
440-59-COVID (440-592-6843)



II. How we spend the passed hard time in China?

Let us share some experience



Wear a facemask

- *Wear a face mask when you go outside ,especially at some crowded places.*



Face Mask **TOPSAFE**

Earloops & Tie-on
Customized fit and protection

- Wide variety of mask colors, filtration levels, layer material and fitting ways.



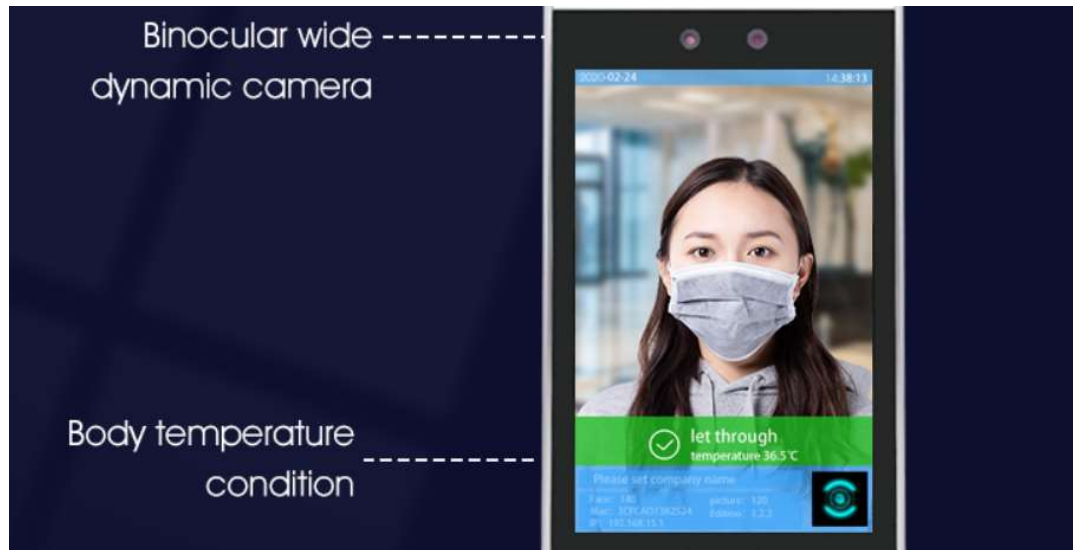
Clean your hands often

- *Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.*
- *If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.- Cover all surfaces of your hands and rub them together until they feel dry.*
- *Avoid touching your eyes, nose, and mouth with unwashed hands.*



Measure your body temperature every day

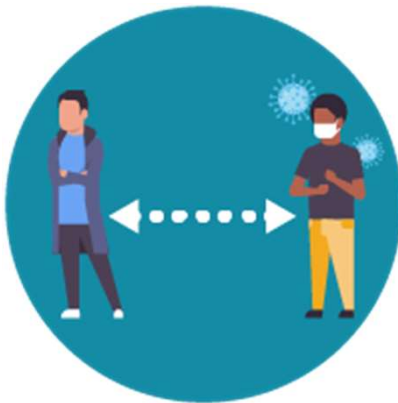
- *Take your temperature with a thermometer two times a day and watch for cough or difficulty breathing*





Avoid close contact

- *Avoid close contact with people who are sick*
- *Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.*





Clean and Disinfect

- ***Clean and Disinfect*** frequently touched surfaces daily.- This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- ***If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.***

Clean and clean....!!!



Items you will need:



Disposable gloves



Surgical mask



Change of clothes



Plastic/trash bags



Disposable cloths/ rags



Bleach/ disinfectant



Water and pail



Mop

A Stay at Home ,...Some Tips


- *Keep good mood and do more exercise*
- *Enjoy the time together with family*
- *Read books*
- *Work in Remote node*
- *Find some things to do will make you feel much better*


Be active at home during
#COVID19 outbreak

WORKING FROM HOME IS CHALLENGING. I NEED TO REGULARLY STAND UP AND STRETCH...

1 Regularly check your sitting posture while working from home

2 Break up your sitting & stand up while working, on the phone, or watching TV



 World Health Organization

#BeActive #HealthyAtHome

SIMPLE EXERCISES

To do at home to help fight prediabetes



III. What we can do for you?

If you need any help for the anti-virus products, please let us know, we will do our utmost to get them in Factory for you.



Medical Mask



KN95 & N95 mask



Medical Protective Coverall



Medical Face Shield



Infrared Thermometer



Handy Sanitizer



Medical Gloves



Others

Face recognition Thermometer



Desktop Mount



Wall Mount



Access Gate Mount



Accurate Temperature Measurement

Accuracy $\pm 0.3^{\circ}\text{C}$



Face Recognition with Masks

High-precision face recognition rate
(>95%) with masks



High Temperature Alarm

The device (sound/image) and
Background will simultaneously
warn when the detection temperature
is higher than 37.3 degrees



Automatic recording

Real-time recording of face+
temperature detection information



Client-end/Cloud Management

Comprehensive enrollment and
management from PC, device,
APP, Cloud web server

Thank You!

Note: Attached you can see a List of Products in PDF format